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Clearfield County's summer included tornado, flooding

By Andy Stine
astine@altoonamirror.com

To say that the weather in Clearfield County has been crazy this summer would be an understatement.

The county has dealt with flooding on three separate occasions, plus a tornado that ripped through the small town of Morann in July.

On Aug. 22, for the second time this summer, the southern part of Clearfield County received a tornado warning.

The National Weather Service confirmed an EF-1 tornado landed in Morann on July 18, which resulted in many trees down, but avoided serious damage and no injuries.

While the National Weather Service was out just a few miles down the road in Madera on Aug. 24, reports of another tornado are still unconfirmed. Still, there was similar damage like the one in Morann.

"I was out there. The county commissioners were out there. The fire department was out there, and we have the National Weather Service in," said Scott Mignot, Clearfield County director of emergency services.

Severe weather such as what central Pennsylvania has seen this summer



— Courtesy of Krause Tree & Excavation.

is becoming a little more common, according to AccuWeather senior Meteorologist Tom Kines.

"If you were out (on Aug. 22) before the storm hit, it was on the humid side," Kines said. "Any time you have very humid air masses, those can produce very heavy rains in a short amount of time."

Kines said larger pockets of humidity have become more common just in the last 10 years in the summer months.

Mignot has spent time over the most recent storm in Madera and in Ashland. Most of the damage has been limited to trees down in those areas, but there have also been reports of roofs damaged in Madera.

Mignot reported a tree landed on a car while traveling through Ashland. The driver suffered a broken nose and some lacerations.

Has Mignot ever seen anything like this in his five years as the director of emergency services in the county?

"We've had our share," Mignot said. "We had flooding early in July. We had a lot of rain come through, and then we had the tornado in Morann, and then we had that big storm at the end of July. That was just July. That's a lot."

Mignot said the county has a disaster assistance set up at the Glendale Fire Hall in Coalport for those affected by the recent storms. FEMA, the state of Pennsylvania, and the Small Business Association all have representatives from their disaster recovery assistance programs ready to help residents.

Residents of Beccaria Township, Burnside Township, Chest Township, Coalport Borough, Gulich Township, Irvona Borough, Westover Borough, and Woodward Township are eligible for assistance.

Assistance information will be available at the fire hall, which will be open from 8 a.m. to 5 p.m. Monday through Friday, and 8 a.m. to 2 p.m. on Saturdays until Sept. 9.

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Will be selling quality items from local estates. Partial listing: Oak roll top desk, oak ice box, dry sink, wicker furniture, fancy princess metal bed, oak furniture, metal ice cream table and chairs, two dough boxes, early two piece antique cupboard, a lot of antique and collector items, early glassware and china, sampler and prints, crocks, Persian rug, Nikko stereo, collection of stacking wood stretchers, Lite Brite, early street gas lights, ironware, Gilbarco air pump stand, household items, Sears radial saw, tools, a Wheel Horse-Toro 416 Hydro riding lawn mower with snow plow and etc., and hundreds of additional items. Conducting two auctions.

Guns will be selling at 5:00PM. Consisting of a Remington Fieldmaster model 572-22 pump, a Champion - Iver Johnson 12 ga. single shot, and a J.C. Higgins model 1011 - 12 ga. single shot.

Watch Auctionzip.com ID #1220 for photos. Terms: cash, approved check, or credit card with a 5% fee. Announcements made on the day of the auction take precedence over any and all printed material.

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OPEN HOUSE: Tuesday, September 8th 5 - 6 p.m.
PUBLIC REAL ESTATE AUCTION
Sunday, September 20, 2026 (Lawrence Twp., Clearfield Co.)
Contents: 9:30 AM - Real Estate: 1 PM www.rgilliganauctions.com
3-Bedroom Home On Large Level Lot With Garage & Outbuildings

Ron J. & Ron S. Gilligan & David C. Zentner will conduct a Public Real Estate Auction located at 415 Ross Dr., Clearfield, PA. 16830.

For auction will be a ranch-style brick & aluminum sided 3-bedroom home situated on a level approximate 0.414-acre lot. This 3-bedroom home has a kitchen, family room with oak hardwood floors, living room with stone fireplace, & a full bath. This home also has a walk-out finished basement with laundry area & family room, oil hot air heat, detached 1-car garage, various outbuildings, concrete driveway, public water, & public sewer...For more info. call Ron at 814-237-0189. No Internet, absentee, or phone bids will be accepted - no buyers' premiums. Terms: 10% down day of auction - balance due in 45 days. Auctioneers: Ron J. & Ron S. Gilligan & David C. Zentner, #AU339-L & #AU3430-L & #AU5442-L.

All oral info day of auction takes precedence over any & all written ads.
Owner & auctioneers not responsible in case of accidents.

ESTATE GUN & COIN AUCTION
Saturday, September 12, 2026 – 9 a.m. (Centre Co., PA.)
www.rgilliganauctions.com

(70) Guns – Good Factory Ammo – Very Nice Gold & Silver Coins
Liberty Head Double Eagle \$20 Gold Coin - Liberty Head Eagle \$10 Gold Coin
Liberty Head Half Eagle \$5 Gold Coin - Tribute to Lewis & Clark Gold & Silver Sets
Many Brilliant Uncirculated Morgan Silver Dollars – Peace Silver Dollars
American Eagle Silver Dollars – Silver Proof Sets – Silver Quarters & Dimes

Ron J. & Ron S. Gilligan & David C. Zentner will conduct a Public Estate Auction located at the Stoneybottom Celebration Venue 1979 Reese Hollow Rd., Port Matilda, PA. 16870.

Vintage Pace Mfg. Co. 25¢ slot machine (works)...Weatherby Mark V 270 Wby. WM bolt act. rifle w/ wood stock & Leupold Vari-X III 3 ½ x 10 scope, Winchester mod. 94 pre-64 30-30 Win. lever act. carbine #1943488, Winchester mod. 70SA Classic Featherweight 7MM/08 Rem. bolt act. rifle w/ Tasco scope, Marlin mod. 444P 444 Marlin Deluxe lever act. rifle w/ Bushnell scope, Remington mod. 760 BDL Gamemaster 30-06 cal. pump rifle w/ Leupold 3 x 9 scope, Remington mod. 700 7 MM STW bolt act. rifle synthetic & stainless w/ muzzlebreak & Leupold Vari-X III 6 ½ x 20 scope, Ruger Mini 14 223 cal. wood & stainless semi-auto rifle w/ bipod & 4 x 20 scope, Shiloh Rifle Co. Sharp's Model 1874 Hartford 45-70 cal. falling block rifle w/ double triggers - octagon barrel & peep sight #B8686, Shiloh Rifle Co. Sharp's Model 1874 Hartford 45-70 cal. falling block rifle w/ double triggers - octagon barrel & peep sight #B8677, American Arms 45-70 US Gov't. cal. modern falling block rifle w/ octagon barrel & Pedersoli target peep sight, Savage mod. 24V Series C 222 Rem. over 20 ga. 3" w/ 4 x 32 scope, Savage 24V-A 222 Rem. over 20 ga. 3" w/ Bushnell Banner 3 x 9 scope, Ruger M77 250 Sav. bolt act. rifle w/ Leupold M8-4x scope, L.C. Smith 12 ga. hammerless double barrel shotgun, vintage hammerless double barrel 16 ga. shotgun only markings are Helice #9370, Remington mod. 110 12 ga. 2 ¾" semi-auto shotgun, Remington mod. 870 Express #230, Remington, Browning Magnum 12 ga. made in Belgium 3" semi-auto shotgun w/ ventilated rib, Remington mod. 700 bolt act. rifle w/ stainless steel unmarked barrel & Leupold 4 x 12 scope, Ithaca M-66 Super Single 20 ga. 3" lever act. shotgun, Savage mod. 340 30-30 cal. bolt act. rifle w/ Redfield 2 X4x scope, Savage mod. 110 7MM Rem. Mag. bolt act. rifle w/ wood stock & Leupold Vari-X III 3 ½ x 10 scope, Savage mod. 110 338 Win. Mag. bolt act. rifle w/ laminated wood stock & Bushnell 3 x 10 scope, Savage mod. 110E 270 Win. bolt act. rifle w/ wood stock & Tasco 3 x 9 scope, Interarms Mark X 458 Win. Mag. bolt act. rifle w/ Redfield 3 x 9 scope...plus Marlins, H&R, Mossbergs, Stag Arms, New England Firearms, Mauser K98, Winchester, & other firearms, lots of assorted factory ammo... vintage Solingen Germany bayonet in scabbard, North American Fishing Club America's Legacy 10-knife set in display case.

1882 S Liberty Head Double Eagle \$20 gold coin, 1880 Liberty Head Eagle \$10 gold coin, 1893 Liberty Head Half Eagle \$5 gold coin, 2004 Tribute to Lewis & Clark Gold & Silver coin set includes ½ oz. \$50 proof .9999 gold coin & 1 oz. .999 Proof silver coin (1 of 999), 2009 Tribute to Lewis & Clark Gold & Silver coin set included ½ oz. \$50 proof .9999 gold coin & 1 oz. .999 Proof silver coin (1 of 999), **BRILLIANT UNCIRCULATED MORGAN SILVER DOLLARS:** 1878 (7 Tail Feathers) - 1878 S – 1879 - 1879 S – 1880 - 1880 S – 1881 - 1881 S – 1882 - 1882 CC – 1883 CC – 1884 CC – 1884 O – 1885 O – 1887 – 1888 – 1888 S – 1890 – 1890 S – 1896 – 1897 – 1899 O – 1900 O – 1901 O – 1902 O – 1904 O – & 1921 D....(4) 1922 – & 1924 Peace Silver Dollars, plus vintage coins...No Internet, absentee, or phone bids will be accepted - no buyers' premiums. Terms: Cash or Check only by conclusion of auction. Food & Restrooms Available day of auction – Auction will be held indoors – Chairs will be provided. Auctioneers: Ron J. & Ron S. Gilligan & David C. Zentner, #AU339-L & #AU3430-L & #AU5442-L.

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ESTATE AUCTION
FRIDAY SEPTEMBER 11, 2026 @ 5:00 P.M.
DOUBLE K AUCTION HOUSE
1821 DORSEY AVENUE, IRVONA, PA 16656

ANTIQUES & COLLECTIBLES: Oak Flat Front Secretary, Dry Sink, Curwensville Lakes to Sea Bus Transit Service Drivers Hat, Kickapoo Joy Juice Thermometer, Ice Tongs, Corn Sickle, Rayo #26 Railroad Inspectors Lantern, Coca Cola Soda Box, (Tonka, Match Box Lesney & Hot Wheels Cars), Miners Turtle Helmet, (2)Autolite Miners Lamp, Just Rite Carbide Tin, Logan & Strobridge Cherry Stoner, (2)Universal Grinders, Adv. Yardsticks, Seldom Seen Mine Adv. Knife & Figurine, Keystone Iron City Hand Grinder, Pexto & Fuller Hand Planes, Bicycle Light, Ford Mustang Grill Emblem, Miners Bucket, Firestone Hatchet, (2)Wooden Block Planes, 11 ½" Broad Axe, (4)Cow & (2)Goat Bells, Hummel Little Music Maker in OB, 1937 & (2)Other PA License Plates, (2)Fishing License, Butter Bowl, Outers Wooden Shotgun Cleaning Rod W/Case, NY City World's Metropolis Lice Plate Topper, Rotary Phone, Daisey Mod. 660 Trail Rider Toy Gun, Draw Knife, Hack Saw, Stanley #0 & #8 Wooden Levels, Native American Figurine, National #801 Washboard, (2)Boxes Lake City Army 7.62 NATO Ammo, 25 Rounds 12 Ga. Paper Cartridges, Wicker Picnic Basket W/Supplies, 5 Gal. Decorative Milk Can, Framed Ducks & Dale Earnhardt Photos, Boy Scout Mess Kit, Ware Ever Alum. Coffee Pot, Anchor Hocking Claussen Pickle Jar in OB, Metal Eagle, 1885 Butler Bros. Bible, 1986 Star Wars Beach Towl, (Levies , Nectar, Lee Storm Rider & 1 Other Lee Denim Jackets), (3)Yankee Miller Seat Cushions, Human Skeleton Figurine, Panasonic Model RE-6286 Radio, RCA & GE VHS Movie Cameras, Cardinal Painting on Slate, Kerosene Lamp & Finger Lamp, Finger Lamp W/Wall Holder & Reflector, Seth Thomas Pillar Clock, Asstd. Duck Figurines, Made in Germany Hair Clippers, McDonalds Ty Stretchy The Ostrich Toy in OB, (2)Walkie Talkies, American Hairless Dog, Ford Service Playing Cards, Wendall August Forge Trash Can, Chalkware Native American Figurine, Perfection & 1 Other Drying Racks, Terrible Towl, (Roseville #120-7 Vase, 391.8" Basket & Zephyr Lilly Bowl), Chick Feed Rooster Bank, (3)½ Gallon Crocks, Fisher Price: (Tractor, Shaggy Zilo, Snoopy Pull Toy, Lacing Shoe, Teach -A-Tot, Dump Truckers & Mini Van), Onyx Marble Ashtray, Mattel Patootie Clown, (16)Goebel Figurines, Lanshire Time For Luck Horse Clock, Ferry Lamp, Iridescent Candy Dish, Carnival Glass Vase & Candy Dishes, Cobalt Pottery Pitcher, Baby Planter, Hair Receiver, The Dream By James Harper Framed Oil on Canvas, Asian Themed Nut Set, Train Engine Glass Candy Container, Tasco Folding Olympic Themed Binoculars, (Lionel Pre War O Gauge Engine #1664E Engine, Tender, Coal Car, Tanker & Caboose W/Track), Griswold #9 Griddle, McCoy Vase, State Spoons W/Wall Plaques, 1955 Dubois Class Jacket, Spice & Advertising Tins, Hubley Trooper Cap Pistol, R F Groves Wooden Box, Corelle Crazy Daisy Dish Set, Hyalyn Strawberry Cookie Jar, (5)Bascal Alum. Cups, Foot Shaped Dimmer Switch, 94 Dan Marino Fleer Car Plaque, Cutco Knife Set, Little Golden & Other Children's Books, (44).15, .20, .25 & .40 Cent Comic Books, 1970's Pirate Score Books, (2) Cracked Magazine Collectors Editions, Music Box, PA State Grange Cookbooks, (Old Timer, Kutmaster Girl Scout, Imperial Boy Scout, Ideal & Other Pocket Knives), Hopalong Cassidy & Horse Figurine, Health/Tex Baby Bibs, Scarves, (4)Dubois Deposit Bank Car Banks & Money Bag, (2)Tom Mix & (2) Richard Petty Pepsi & Coke Bottles, 1946, 48, 55, 56,74 & 75 PA Fishing License Buttons, 1960's Steelers Bobblehead, (3)Dubois Milk Bottles, 1944 WWII USN US Army Aircraft Recognitions Cards, Buffalo Nickle Money Clip & Key Chain, Dicast Flexible Flyer Tricycle in OB, (2)Sets of Pepsi S&P's, Clown S&P, Sterilized Shaving Brush, Bear & Deer Themed Ashtrays, Smoking Pipe, Garbage Can Ashtray, Pin Cushion/ Tape Measure Sad Iron, Dale Earnhardt 1/24th Scale Car in OB, 1969 Impala Promo Car, Adv. & Other Zippo Lighters, Replogle World Globe, Genova Bicentennial Wristwatch, Elvis Pendant, Perfume & Tray, Flamingo Themed Wall Mirror, Dressel & Armspear R.R. Lanterns, Leather Moccasins, Christmas Candelaria's, Santa's House, MCM Fiberglass Spaghetti Shade Dual Lamp, WWI Dough Boy Domed Picture, 1917 Syracuse W.H. Company Panoramic Framed Photo, Stangel Pottery Bunny Saucer & Bowl, Johnny Canuck Action Figure, Composite Wedding & Other Composite Doll Babies, Childs Play Utensils Set, Fancy Ware, Lace Tablecloths, Doilies, (28)Rock & Country Western LP Records, 45 Records, Doll Cloths, Baby Quilt & (3)Other Quilts, Lil Playmates Farm Set, Tonka Car Carrier, Cragstan Dump Truck, Tandy Leather Kit, 1970's Play Pal Lion Bank, Mosler Jr. Bank Vault, SPV Cars, Snoopy Figurine, Sears 35mm KS Super Camera, Munsey Buffet Range, (M&M's Phone, Friendship Bottle, Christmas & Halloween Candy Dishes, Blues Café, Radio & Time Capsule Kit), (3)Anastasia Trains, Irish Themed Planters & Bank, (13) Elvis Albums, (2)10 Gal. & (1)5 Gal. Milk Cans, Fluting Cutter, Dynamite Box Storage Chest

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PUBLIC EQUIPMENT AUCTION
PENN STATE LION SURPLUS
Thursday, September 10, 2026 - 9:00 a.m. www.rgilliganauctions.com

Ron J., Ron S. Gilligan, & David C. Zentner will conduct a Public Auction for The Pennsylvania State University at the Lion Surplus Warehouse, 1 Services Rd. University Park, PA 16802 - www.surplus.psu.edu - 814-865-4371 – Find Us On Facebook at: Facebook/ LionSurplus. All items are subject to prior sale to university departments. All items are sold “as is, where is”. All sales are final and terms are cash, check, Visa/Master Card. The University will not be responsible for the security of any items after the auctioneer has awarded the said items to the highest bidder.

This is a brief listing...This will be a normal large Penn State Auction...Takeuchi TW80 wheel loader, Bobcat T-190 track skidsteer loader, 2019 Finn MB50-07 mulch blower, 2019 Finn BB-302-26 mulch blower, Trucks, Vans, tandem axle trailers, Steiners w/ front mower decks, Columbia utility carts, John Deere zero-turn mowers, Ex-Mark zero-turn mowers, Mean Green Lithium zero-turn mower, 2015 International reefer truck, 2008 Ford stepvan w/ 6K miles, 2017 Ford 16-passenger bus, Gravely pull-behind leaf vacuums, Clark electric forklift, Miller welders, Lincoln welders, generators, air compressors, CNC machine, Koike Aronson monograph (CNC) machine, Hunter alignment machine, transport grain auger, DeWalt battery operated mowers & trimmers, brass, stainless steel, copper, aluminum, restaurant equipment, electric motors, landscaping equipment...watch this Web Site as things will be added up to the day of the auction...**Items and vehicles will continue to be added to the sale's inventory. The University reserves the right to alter the sale inventory.* All bidders must register to bid. Proper photo ID (driver's license, student ID, etc.) necessary to register. All vehicles are sold on an “as is, where is” basis. The University offers no warranties or guarantees, express or implied, including without limitation, the implied warranties of merchantability and fitness for a particular purpose. Food will be available on premises. Penn State University and the auctioneer will not be responsible in case of accidents. Auction will be conducted as per auctioneer's terms and conditions. Verbal instructions on day of auction will supersede any written terms. Any or all discrepancies will be settled by the auctioneer and will be final. Items for auction can be viewed 7 AM - 9 AM the day of the auction and Wednesday, September 9th 7 AM - 4:30 PM. All purchased auction items must be picked up no later than Thursday, September 17th.

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Wherever possible, it’s also worth taking the time to read any reviews that are available regarding the clinic or the individual hearing health care

specialists you are considering visiting. These reviews should provide an insight into what the actual service is like and can thus be a useful contributing factor when it comes to making your eventual decision. If you’d prefer to use a more conventional method of obtaining recommendations, then you could ask your friends or family if they have ever visited a hearing health care specialist. This is well worth doing, as there’s nothing quite like a personal recommendation to help you feel at ease with your selection.

It’s worth noting that it’s still worthwhile asking your friends and family for advice even if you specifically know they have never personally visited a hearing health care specialist. They may, for example, know someone who has seen a hearing health care specialist and would be willing to inquire on your behalf in order to obtain a recommendation. Going through the process above should provide you with a number of names to consider. It’s worth calling each of the hearing health care specialists on the list and asking a few questions regarding their service. This allows you to make a highly informed decision, bolstered by both opinions of other and your own research. Hearing health care specialists are a vital component of ensuring your life is as comfortable and enjoyable as possible when using hearing aids. The options above should allow you to create a short list of names to consider and, supplemented by your additional research, you will be able to find the perfect hearing health care specialists for your needs.

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What Makes Revive Different

Submitted by Brooke Grassmyer FNP-C

Revive Infusion & Injection Services was founded with a simple goal: to make medically guided wellness care more personal, approachable, and convenient for the people of our community.

Owner and nurse practitioner Brooke Grassmyer, FNP-C, has grown Revive into a practice focused on helping patients feel better, function better, and take a more active role in their health. Services have expanded to include medically supervised weight loss, men’s health and testosterone therapy, hormone wellness, wellness injections, peptide consultations, and recovery services.

What makes Revive different is the relationship with the patient. Care is never meant to feel rushed or one-size-fits-all. Patients receive practical guidance, ongoing support, and treatment plans built around their individual goals.

As Revive continues to grow, the focus remains on thoughtful expansion, high-quality care, and bringing new wellness and occupational health services to the region.

Revive is proud to be locally owned and to serve Hollidaysburg, Blair County, and the surrounding communities.

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'19 Chevy Equinox - 2.0LT, AWD, 146K
'18 Nissan Pathfinder - 3.5L, 4x4, 113K
'17 Chevy Cruze - 1.4 Turbo, FWD, 104K
'17 Chrysler Pacifica - 3.6L, FWD, 152K
'16 Ford Fusion - 2.0L, AWD, 91K
'16 Jeep Compass - 2.4L, 4x4, 171K
'16 Honda Odyssey - 3.5L, FWD, 153K
'16 Hyundai Tucson - AWD, 127K

'16 Honda Pilot - 3.5L, 4x4, 162K
'16 Chevy Traverse - 3.6L, AWD, 113K
'15 Jeep Patriot - 2.4L, FWD, 125K
'15 Subaru Outback - 2.5L, AWD, 146K
'15 Ford Escape - 1.6L, 4x4, 131K
'15 Jeep Compass - 2.4L, 4x4, 114K
'13 Subaru Crosstrek - 2.5L, AWD, 129K
'13 Jeep Grand Cherokee - 4x4, 152K
'12 Wrangler - 3.6L, 6 spd/man., 4x4, 143K
'11 Jeep Wrangler - 3.6L, 4x4, 114K

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Crossword Puzzle

Solution on page 6

1	2	3	4	5	6	7	8	9	10	11	12	13
14						15			16			
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CLUES ACROSS

1. Manila hemp plant
6. Turkish river
10. Something to read
14. In a way, initiated
15. Popular Apple TV series
17. King Charles is part of it
19. Earlier
20. Foot (Latin)
21. Zodiac sign
22. A browning of the skin
23. Remain as is
24. Turfs
26. It's used to slaughter animals
29. Volcanic crater
31. The mother of Jesus
32. One's life story
34. One-time Liverpool coach Slot
35. Counterparts

37. Jacob __, American journalist
38. Digital audiotape
39. River in South Africa
40. Kimono sashes
41. Rooting somewhere
43. American spy Aldrich
45. A way to call for
46. Taxi
47. Pancakes made of buckwheat flour
49. Swiss river
50. Popular type of video game (abbr.)
53. Have surgery
57. Formal withdrawal from a union
58. Performs spoken improv
59. Greek war god
60. 2,000 lbs.
61. Helps to evade capture

CLUES DOWN

1. Swedish rock group
2. "Friday Night Lights" director Peter
3. Currency exchange fee
4. Feline
5. Folk singer DiFranco
6. Ghastly pale from distress
7. Rapid eye movements
8. Monetary unit of Macao
9. Lawmakers
10. Colorless mineral
11. At some prior time
12. American protest singer
13. Opener
16. Seldom
18. Relaxing places
22. Touchdown
23. From end to end
24. Kids love him
25. Metal-bearing solid
27. Skin care product manufacturer
28. Thirteen
29. Angry
30. Member of a Semitic people

31. One-thousandth of an inch
33. Former CIA
35. Most lemony
36. Engage in
37. Mass of fish eggs
39. Food supplies
42. Backbones
43. American real estate investment firm
44. Megabyte
46. "Three Coins in the Fountain" songwriter
47. Dutch colonist
48. Full-grown pike fish
49. Emergency prep expert Edwards
50. Flute
51. Dismissive sound
52. Slang term for marijuana
53. Young women's association
54. Cosmopolitan city
55. Narrow isthmus in Thailand
56. Pointed end of a pen

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One Health: Why Animal Health Is Also Your Health



Have you ever heard of the "One Health" approach to animal welfare? This school of thought maintains that human health, animal health and environmental health are integrated parts of an overarching health system. It encompasses several disciplines, including human medicine, veterinary medicine, water treatment and wildlife conservation.

Deeply interconnected elements
Did you know that more than 60 percent of emerging infectious diseases affecting humans originate from either wild or domestic animals? Scientists cite human activities and stressed ecosystems as part of the cause. These activities include:
• Animal trade

• Agriculture
• Urban sprawl
• Mining
Take the example of avian influenza. Certain migratory birds that naturally carry the virus can transmit it to farm chickens, which in turn infect other birds in the coop. This exposure creates a risk of transmission to the farmer if they're in close contact with the chickens. Zoonoses—diseases transmitted to humans by animals—can more effectively be prevented by:
• Strengthened animal protection measures, including vaccines
• Studies on migratory changes due to climate change
• Prevention campaigns that build awareness about the risks

Human health isn't a self-contained concept; it's dependent on the health of ecosystems and animals. Efforts to optimize all these components will better serve society in the fight against future diseases.

A step you can take to help
Do you have pets? Remember that they can also become carriers of diseases like rabies, ringworm or tick-borne Lyme disease. Be sure to get your faithful companions vaccinated regularly at your veterinarian's office, because protecting them also protects you.

Animal Welfare Week
Animal Welfare Week takes place from October 3 to 9, 2026. The event highlights the value of treating all animals humanely, whether they're creatures of the wild, farm animals or house pets. What can you do to improve the lives of the animals in your region?

How volunteering benefits seniors’ mental health

Seniors are vulnerable to mental health issues. The World Health Organization says around one in five older adults experience psychiatric disorders like depression, anxiety, and dementia-related mood changes. While various therapies can help, seniors may discover volunteering can be a surprising antidote to mental health concerns.

Volunteering offers seniors many benefits, including a renewed sense of purpose. Volunteering also helps combat social isolation, which can lower rates of depression and anxiety. According to Voices for National Service, older adults who volunteer have reduced risk of mortality, more optimism and feel less depressed and lonely. People who were once working full time and are now in retirement may find they have hours to spare. Those hours can be directed toward volunteer efforts, which can boost seniors’ mental health in myriad ways.

• **DECREASED SOCIAL ISOLATION:** Points of Light says regular time spent with peers and the people being helped can mitigate loneliness. Having a strong support network can make stress more tolerable and increase feelings of belonging.

• **RESTORES SENSE OF PURPOSE:** When work ends, many seniors lose the structure that governed their working life. Volunteering gives the opportunity to wake up, follow a schedule and achieve goals. It can be rewarding to play a valuable role in the community again, according to Voices for National Service.

• **MENTAL STIMULATION:** Volunteering may lead to learning new skills and interacting with others, and that can keep the mind sharp.

• **PHYSICAL ACTIVITY:** Older adults may lead sedentary lifestyles if they have nothing to keep them busy. Volunteering helps a person engage in some sort of physical activity. A 2025 study published in the journal Social Science & Medicine found volunteering is associated with lower levels of hypertension and chronic inflammation. Staying active can lower blood pressure, risk of heart disease and eight types of cancer.

Volunteering is a tool older adults can use to stay healthy both physically and mentally.

PUZZLE SOLUTION

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Obituaries

G. Marlene Sharpless

G. Marlene Sharpless, 90, of Philipsburg, PA, formerly of Osceola Mills, PA, died peacefully surrounded by her loving family at Heritage Ridge Senior Living at Windy Hill, Philipsburg, PA on Monday, August 24, 2026.

Born on September 10, 1935 in Osceola Mills, PA, Marlene was the daughter of the late James A. Garvey & E. Grace (Sankey) Garvey. Marlene was a member of the Morningstar Fellowship Church in Osceola Mills, PA. She was a retired Seamstress for Charles Navasky & Co. In addition to her parents, Marlene was preceded in death by three sisters, Margaret Nevling, Elaine Hernandez, and Carol Hand; and two sister-in-laws, Linda Garvey and Doretta Garvey. Marlene is survived by a daughter, Kathy Shimmel & her husband, John of Osceola Mills, PA; two sons, John Lukens & his wife Laura of Osceola Mills, PA, and Michael Lukens & his wife Bernadette Muscat of Fresno, CA; three brothers, James “Bud” Garvey & his wife Nancy of Fairhope, PA, Robert Garvey of Philipsburg, PA, and George Garvey of Osceola Mills, PA; three grandchildren, Mike Shimmel & his wife Laura, Christian Lukens & his wife Jenna, and Jessica Morgan & her husband Damein; and five great-grandchildren, Michael Shimmel, Matthew Shimmel, Natalie Morgan, Jayden Morgan, and Jackson Morgan. Private services will be held at the Heath Funeral Home & Cremation Services, LLC, Osceola Mills. Pastor Roy Hampton will officiate. Interment: Umbria Cemetery in Osceola Mills, PA.

Lynne Brubaker

Lynne Brubaker, 78, formerly of Clearfield and Tylersburg, PA, passed away on July 10, 2026 in South Carolina.

Born October 3, 1947 in Clearfield, she was the daughter of the late Ben and Laura (McDermott) Carr. Lynne is survived by her brother, Steve Carr and wife Faith; a sister, Kitty Keirn; a step daughter, Heather Siegel and husband Jim; three step grandchildren; and several nieces and nephews. She is preceded in death by her parents; her husband, Brian Brubaker; a brother, Ben Carr Jr.; and a brother-in-law, Jim Keirn. Lynne, along with her husband Brian, was employed at the Sawmill Center at Cooks Forest State Park. She was a lover of art and animals. Private burial will be held at the convenience of the family in the Calvary Cemetery, Clearfield.

Mildred Audrey (Rogers) Williams

Mildred Audrey (Rogers) Williams, 98, of Mineral Springs, passed away peacefully on Friday, August 28, 2026.

Born March 28, 1928 in Mineral Springs, she was the daughter of the late Henry and Beryl Rogers. Mrs. Williams was a 1946 graduate of Clearfield High School. She was a member of the Methodist Church, Main Street, in Woodland for many years and later attended the Clearfield Alliance Church. In 1948, she married Robert N. Williams at the Trinity Methodist Church in Clearfield. She is survived by her daughter, Lyla Welker and husband Harold of Mineral Springs; three grandchildren, Brent Welker, Jill Stewart and husband Jim, and Dena Olson and husband Joe; three great grandchildren, Lindsey Holtmeyer and husband Michael, Justine Stewart, and Lauren Olson. In addition to her parents, she was preceded in death by her husband, Robert Norman Williams in 2006; and her brother, Henry Rogers in 1986. Per Mrs. Williams’s request, all services will be private. Burial: Bradford Cemetery, Woodland.

Janet L. Nelson

Janet L. Nelson, 92, of Clearfield, went home to be with the Lord, on Friday, August 28, 2026, from her home in Clearfield.

Janet was born on November 28, 1933, the daughter of the late A. Lee Sunderland and Flora (Williams) Sunderland. Janet was a life long member of Emmanuel United Methodist Church, Clearfield, serving in various capacities including Sunday School Teacher, singing in the choir, outreach to neighborhood children, operating the church thrift store, and cleaning the Spirit Hall. During her working life, Janet worked at several secretarial jobs. She also owned and operated Nelson Ceramics, teaching ceramic classes and selling ceramic items at various craft shows. Janet enjoyed gardening and golfing in the couples’ golf league. She is survived by a son, Kim A. Nelson and wife Deborah; a son-in-law, Rev. Douglas Rhone; grandchildren, Andrew Nelson and wife Ashley, Matthew Nelson, Zachary Rhone and wife Maria, and Caitlin Colesar and husband Nick; and 12 great grandchildren. She was preceded in death by her husband Sherman L. Nelson; a daughter, Rev. Karen L. Rhone; and a grandson, Rev. Joshua Rhone; brothers, Emory ‘Bill’ Sunderland, Raymond Sunderland, Horace Sunderland, Merle Sunderland; and a sister, Annabelle Pritts. Funeral Services were held at the Emmanuel United Methodist Church with Rev. Matthew Loyer officiating. Burial: Historic Crown Crest Cemetery, Hyde.

Linda S. Henry

Linda S. Henry, 76, of Madera, passed away Wednesday, August 19, 2026 at Ridgeview Healthcare and Rehabilitation, Curwensville.

She was born October 10, 1949 in Philipsburg, daughter of the late Edward and Eleanor (Richards) Webb. On June 27, 1972 she married Larry G. Henry. He preceded her in death in 2010. She was a caregiver for many years. She also worked at JBC sewing factory in Madera. Linda had a huge warm spot in her heart for animals of all kinds. Linda is survived by two children, Steven L. Henry and Jennifer A. Henry, both of Madera; and several nieces and nephews. In addition to her parents and husband, she was preceded in death by two brothers, Joseph N. Webb and Charles E. Webb; and a sister, Doris Robison . Services will be private and held at the convenience of the family.

In Memoriam

Obituaries Courtesy of: Heath’s Funeral Home; Bennett & Houser Funeral Home, Inc Kruise-Spewock Funeral & Cremation Services, Inc; McQuown Funeral; Gibbons Funeral Homes; Beezer-Heath Funeral Home & Cremation Services

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WEDNESDAY, SEPTEMBER 2, 2026

Hollidaysburg teacher shares love of learning with students

By COLETTE COSTLOW
ccostlow@altoonamirror.com

The path to becoming a teacher was never clear for Hollidaysburg resident Carol Scarbro. Until she was required to student teach for a college elective, using the elementary teacher's angles lesson, she crafted aerodynamic paper planes with two disinterested students. She was then kicked out of the classroom for flying the planes with the students, but the teacher sent Scarbro a thank you letter one week later, as those two students passed their first tests in that class. Scarbro's college advisor said she has a gift for teaching because she taught students to want to learn.

"And that is what I strive to do every day," Scarbro said with tears in her eyes. "Because as a teacher, if you can teach a kid to want to learn, nobody can stop them." Since then, she has taught in five different states throughout her career and most recently substitute taught at Hollidaysburg Area School District for more than 20 years. She recently received her special education certification through the IU18 and is now returning to the district as a full-time special education teacher.

In her free time, she teaches free essential oil classes at the Hollidaysburg Area Public Library, fundraises for local non-profit Anna's Bananas and sells Mary Kay Cosmetics products.

Whether she's teaching child or adult learners, she said it's about the learning process. "When the lightbulb goes on, that's a gift from God," she said.

Westward roots

Growing up in the west, Scarbro's adoptive parents were both teachers; her father studied astronomy and worked with

Colorado Springs' planetarium while her mother taught elementary kids before quitting to care for Scarbro and her brother. "So something I was never going to become was a teacher," she said. Every birthday and Christmas, Scarbro's great-aunt Francie gave her a gift certificate to their local bookstore, compelling Scarbro to invest in book collections such as "Little House" and "The Oz" series. Those certificates gave Scarbro her love of reading, she said, leading her to check out stacks of books at her grandma's local library in Spearfish, South Dakota, as a kid. "That really established my love of the library," she said.

She attended and graduated from Wasson High School in Colorado Springs before enrolling at Adams State College in Alamosa. She changed her major five times in four years before graduating, finishing with 199.5 semester hours. Starting as a photo-journalism major, she graduated with majors in English, art and education, along with minors in journalism and photography — and minors and concentrations in "anything but math," she said with a laugh. While earning her bachelor's degree, she hosted her own radio show at Adams State's KASF alternative radio for college credit, where she played many different kinds of songs on the air.

Teaching and learning

She took her first English teaching job in Texas, just 30 minutes north of the Mexican border. There, she said she was the only white, single female in town, and it was a classroom rule that all students were required to speak English.

"It was very interesting and probably the best experience I ever had," she said. "Everybody should be a minority once in their life to understand what that's like."

However, she said her salary was too low for the cost of living, so she taught eighth grade English Language Arts at Cunningham Middle School in Galena Park, near Houston, while implementing cooperative learning and assertive discipline techniques into classrooms.

She's also a nationally certified assertive discipline trainer, preferring to reward students instead of relying on punitive consequences, and was featured on Kirk Cameron's television segment about Sharon Scott's peer pressure reversal method.

In 1992, Carol married Tom Scarbro, who flew helicopters for the Army, so they moved to Alabama while she obtained her Master of Arts in edu-



Mirror photo by Colette Costlow

Carol Scarbro looks over a collection of her essential oils in her home office. She teaches an essential oils class at the Hollidaysburg Area Public Library.

cational leadership and administration from Troy University in Dothan. She became an assistant principal at East Gate Middle School, part of Ozark City Schools in Alabama, before moving to Fort Bragg, North Carolina, where she taught English at South View High School and was the assistant varsity coach for three girls sports.

While living in North Carolina, she gave birth to their first son, Drew, in 1998. She quit her teaching job to care for Drew while her husband was coordinating troops in Wilmington. About two years later, Tom pulled out of the military, and they decided to look for a new hometown.

"So, I told him it needed to have mountains, seasons, north of the Mason-Dixon (line) because 13 named storms in 11 years was way too many," she said. "I'm not a big hurricane fan," she added. "Give me a good blizzard any day."

Hollidaysburg helper

The Scarbros were transplanted to central Pennsylvania after Tom secured a safety director position at General Cable. They also welcomed their second child, Jared, in 2002.

While Tom eventually switched to flying helicopters for the city, Scarbro started as a substitute teacher for Hollidaysburg Area School District and sold Mary Kay makeup while caring for her two sons.

She said these jobs gave her the flexibility to take her sons to sports practices while her husband worked.

"I love the philosophy: God first, family second, career third," she said.

For more than 20 years, Scarbro continued to substitute teach at the district, covering day-to-day spots to long-term substitute positions, as well as working with homebound students and most recently Adelphoi students.

"She goes out to homes and makes a difficult situ-

ation more manageable," Hollidaysburg Area assistant principal Kevin McCloskey said.

McCloskey has worked within the district for over 10 years, so he's watched Scarbro develop relationships with students and push them toward success.

Meanwhile, she also served as president of the Friends of the Hollidaysburg Area Public Library from 2026 until this spring, fundraising close to \$180,000 for the facility.

Currently, she is a member of Anna's Bananas, a fundraising team dedicated to raising funds and awareness for autism.

She is also a consultant/educator for doTERA International LLC, an essential oil company. She teaches free essential oil classes at the library once a week, educating users about proper oil use, along with classes at HASD during their wellness days.

Scarbro's gift

Kids in out-of-school circumstances gave Scarbro many special education requirements, so when she eventually applied for the certification through Luzerne Intermediate Unit 18, she was able to complete the four-year program in one year.

The 2026-27 school year kicks off Scarbro's new role as a special education teacher for HASD, where she'll provide learning support for 10th grade English and biology.

McCloskey said the district is thrilled to bring Scarbro back this year as a full-time teacher.

"We're super excited when you see somebody who is extremely strong, dedicated and committed, and she took it upon herself to get her credentials and certifications," he said.

Longtime friend Andrea Paul remembered when

Scarbro told her over lunch a few months ago that she secured the special education position at Hollidaysburg.

"I said, 'Teaching was your calling,' and she said, 'Yes, it was,'" Paul said. "And she (Scarbro) was crying; she was so happy she was able to use her talents to inspire children."

Paul said she saw a different side of Scarbro that day, as she realized how passionate Scarbro is about teaching.

With many years of teaching experience under her belt, Scarbro said that aspiring teachers shouldn't always be concerned with a student's final product.

"If you're going to be a teacher, love them where they're at," she said. "They're going to be a different kid every day."

Mirror Staff Writer Colette Costlow is at 814-946-7414.

The Scarbro file

Name: Carol Scarbro

Hometown: Colorado Springs, Colorado

Education: Wasson High School (1984); bachelor's degree in English at Adams State College (1988); master of arts in educational leadership and administration at Troy University Dothan campus (1994)

Certifications: Nationally certified assertive discipline trainer, special education certification

Family: Husband, Tom; sons, Drew and Jared

Pets: Thorin, standard poodle, and Lukeduke, German shepherd mix

Hobbies: Reading, writing, knitting and crafts



Mirror photo by Colette Costlow

Hollidaysburg Area School District special education teacher Carol Scarbro holds a student-made painting in her home office.

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Bedford High School
330 East John Street
Bedford, PA 15522
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Glendale School District
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